



MAEVA

Well-being center



CONTIS

Aesthetics

maeva-spa.fr

Contis Plage | (+33) 06 89 23 65 63



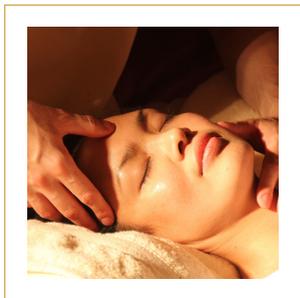
MAEVA Spa

Maeva Spa® est une bulle de bien-être au coeur de Contis dans un centre exclusivement en bois. L'environnement extérieur offre un espace exceptionnel alliant océan et forêt de pins. L'ambiance chaleureuse du Spa vous apporte une écoute attentive et des soins de qualité.

Maeva Spa® offers a luxurious spa experience. Our clients come from all over the world for the superb relaxation and rejuvenation our spa nurtures. Our natural environment of sea and pine forest provides the perfect escape. We are devoted to the well-being and comfort of our clients and promise to leave you completely refreshed with each of your visit to us.



Welcome !



04 MASSAGES

World massages

10 FACE MASSAGES

Specific face massages

11 FOOT CARES

foot massages or removing callus's and corns on the feet

11 BODY CARES

Scrub or wraps

12 RITUALS

Many treatments

14 FACE CARES

Face cares for types of skin

16 WAXING

Classical or oriental waxing

18 SPA TREATMENT

5 days course of treatment

WORLD MASSAGES

60 MIN
82 €

75 MIN
102 €



ABHYANGA 60 MIN

This traditional holistic massage from India embodies complex herbal compounds with oil applied to scalp and body using specific massage techniques.



BALINESE 75 MIN

Full body massage is a soft and invigorating massage which relaxes and energizes both body and mind. The aim is to eradicate stress through pressure points using european techniques.



60 MIN

SWEDISH

Invigorating deep tissue massage to reduce tension.



60 MIN

AFRICAN

The African Massage is a surprising massage that is both relaxing, toning, draining and sculpting. It is recommended for the treatment of cellulite and certain pain of muscular origin (toning and firming effect).

WORLD MESSAGES

60 MIN
82 €

HOT SHELLS

60 MIN

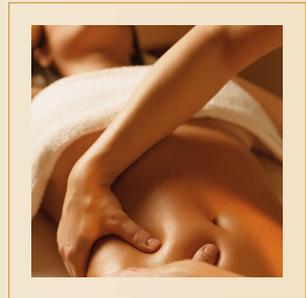
Relaxing massage that combines the benefits of the hand with the action of heat and seashells.



60 MIN

«CHI NEI TSANG» - BODY MASSAGE

Because our belly is a second brain it is necessary to take care of it.» True mirror of our brain «from above» the belly concentrates all the chemical elements, natural, useful to our happiness According to the zone of the belly massaged it will aid symptoms.



MARMA CHIKISTA

60 MIN

The ayurvedic Marma massage is composed of pressure and stimulation of the marma points all over the body and large dynamic, draining, and enveloping maneuvers with hot oil. The purpose of this massage is to rebalance these points and energy centers to prevent illness and treat imbalances (related to stress, acute emotions, poor lifestyle...), while offering a good level of psychic and muscular relaxation. A powerful treatment to harmonize body and mind.



..... SIGNATURE MESSAGES

20 MIN
27 €

30 MIN
41 €

45 MIN
61 €

60 MIN
82 €

90 MIN
123 €

RELAXING

30 MIN | 45 MIN | 60 MIN | 90 MIN

A deep and slow massage, using Shea butter, mixed with your choice of fragrance, generates relaxation throughout the body.

BACK

20 MIN | 45 MIN

This back massage focusing on sensitive areas, releases tension.

LIGHT LEGS

30 MIN

The leg treatment relieves fatigue, leaving leg muscles and the body in tone : it is a unique and great relaxing procedure.



SIGNATURE MESSAGES

30 MIN
41 €

45 MIN
61 €

60 MIN
82 €

DRAINANT

Inspired by the Vodder method, this massage aims to encourage lymphatic circulation and detoxification of the body, boosting the immune system.

LEGS 30 MIN

BODY 60 MIN

COTTON FLOWER

60 MIN

This gentle massage of light pressure promotes well-being to clients who experience difficulties of movements.

SLIMMING MESSAGE

45 MIN

Deep celliute tissue massage. The use of specific essential oils increases the effectiveness of maneuvers.

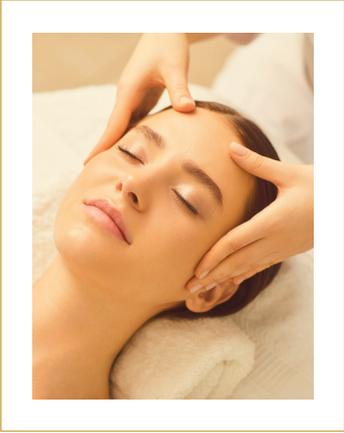
KIDS

30 MIN

Massage for kids with techniques and products especially developed for them.

..... SIGNATURE MASSAGE

45 MIN
61 €



CRANIAL

—
45 MIN

Cranial modelling influences the whole body. This modelling of Indian origin, in addition to the immediate relaxation that it brings, is excellent for the hair. Furthermore, the relaxation provided, in parallel with the face, is a real anti-wrinkle and anti-ageing treatment (consisting of a back massage followed by the face and scalp).

60 MIN
82 €

PRENATAL

—
60 MIN

Soft and enveloping, the pregnant woman modeling focuses on the specific needs of the mother-to-be whose body is changing physically and hormonally. It helps her to better experience the changes in her body. This massage relieves mental and physical tiredness.



SIGNATURE MESSAGES

30 MIN

41 €

60 MIN

82 €

120 MIN

120€

MASSAGE TRAINING FOR COUPLE

—
120 MIN

Presentation of a massage to help you to relax your entourage.

BABY MASSAGE TRAINING

—
30 MIN

Mother caresses and gently massages baby to promote calmness and bonding.

Do savings!



PACKAGE

Offers 3 or 6 hours of massage with your choice of massages.

The card is available for 1 person only and during one year.

3H 221€ (-10%) | 6H 418€ (-15%)



SUBSCRIPTION

-20% for body and face treatment of your choice (minimum 3 months).

Payment in full at the first appointment and monthly if necessary.

Non-refundable.

Amount due even if the client does not show up during the month.

FACE MASSAGES

30 MIN

41 €

60 MIN

82 €



FACE & SCALP MASSAGE

30 MIN

Massage to shoulders neck, scalp and face.



KANSA WAND

60 MIN

This indian face massage will provide you relaxation and will make you unwind. Your skin will be rejuvenated, plumpy with an healthy and radiant effect thanks to the Kansa Wand Bowl.



FACE HOT SHELLS

60 MIN

Relaxing massage that combines the benefits of the hand with the action of heat and seashells.



ANCESTRAL JAPANESE FACIAL

60 MIN

Traditional Japanese massage which smoothes the skin and regenerates tissues resulting in a bright complexion, an elegant massage.

FOOT CARE

CALLUSPEELING

A procedure for removing callus's and corns on the feet is provided.

CALLUSPEELING ONLY 45 MIN 45€

CALLUSPEELING + FOOT MASSAGE 60 MIN 60€

RELAXATION FOR FEET

Reflexology based foot massage, in a bow of Canus. This eases nervousness and brings relaxation.

SHORT CARE 30 MIN 41€

LONG CARE 60 MIN 82€

JAPANESE FOOT MASSAGE

It is not about foot reflexology but a pure care of relaxation. The gestures combines effleurages, kneading, percussion and stretching to promote calm and relaxation.

SOKU SHINDO ONLY 30 MIN 41€

(SCRUB+MASSAGE+MASK) 60 MIN 82€

POSSIBILITY OF NAIL PROSTHESIS AND BEAUTY OF HANDS / FEET. PLEASE ASK AT THE RECEPTION.

BODY CARE

BDOY SCRUB

30 MIN

41 €

BODY WRAP

30 MIN

30 €

RITUALS

RELAXING AND RESTING ESCAPADE

90 MIN | 110€

Scrub & massage of your
choice 60 min.

HEAVY LEGS

60 MIN | 64€

Refreshing wrap and light
legs massage 30 min.

CHILD RITUAL

70 MIN | 77€

Facial ritual and massage
for kids with
products especially
developped for them.

PARENTHESIS

105 MIN | 112€

Facial ritual 60 min and
massage 30 min.

RITUAL OF MAEVA

60 MIN | 74€

Scrub and relaxing
massage 30 min.

MEN STOPOVER

70 MIN | 75€

Energising facial &
back massage 20 min.

SHAPE ESCAPADE

75 MIN | 82€

Wrap and
slimness massage
45 min.

TEEN'

75 MIN | 97€

Teenager facial and relaxing
massage 30 min.

RITUALS

SERENITY ESCAPEDE

120 MIN | 137€

Scrub, wrap, massage 60 min.

LE VOYAGE DES SENS

135 MIN | 177€

Scrub, relaxing massage
30 min & facial
hydraspa face by YUMI.

WELNESS ESCAPEDE

195 MIN | 213€

Scrub, wrap, facial &
relaxing massage 60 min.

CONTIS JOURNEY

135 MIN | 149€

Facial ritual 75 min &
massage 60 min.



FACIAL

THE CLASSICAL

75 MIN | 84€

90 MIN | 99€

Focused facial thanks to essential oils to meet the needs even of the most demanding skins.



ANTI-AGEING

105 MIN | 117€

Anti-ageing ritual who redesign the contours and densify your skin for an immediate rejuvenated effect.



THE EXPRESS

50 MIN | 56€

Get an healthy complexion quickly thanks to essential oils



TEENAGER CARE

60 MIN | 67€

Treatment adapted to the teenager skin.

PITCHOUN' CARE

40 MIN | 45€

Treatment adaptated to kids from 3 to 14 years old with the specific brand Toofruit.



FACIAL

HYDRASPA FACE

BY YUMI SKINCARE

NEW

The HydraSpa face treatment is a new facial treatment, adapted to each individual's needs. It is a 7-in-1 treatment with visible results from the first session.

THE BENEFITS OF THE TREATMENT are numerous and immediate:

- Deep moisturising
- Elimination of blackheads and impurities
- Firmer, plumper and naturally smoother skin
- Wrinkles and expression lines softened
- Unified and luminous skin tone

—
COMPLETE 60 MIN - 90€

PRESTIGE (with anti-ageing massage) 75 MIN - 115 €

SPECIFIC EYES 30 MIN - 45€

—
CURE

1 complete treatment + 4 maintenance sessions of 45' (4th session free)

Once a week - 294€

Do economy!



PACKAGE

-For 3 similar facials bought get a reduction of 10% use this package during the year.

-For 4 similar facials bought get a reduction of 15%.

*use this package during the year.



SUBSCRIPTION

-20% son face care of your choice.

Payment in full at the first appointment and monthly if necessary.

Non-refundable.

Amount due even if the client does not show up during the month.

WAXING

		Oriental wax
Eyebrows	9€	11€
Upper lip or chin or nose or ear	7€	9€
Eyebrow + upper lip	13€	15€
Face (Eyebrow + upper lip + chin)	20€	22€
Armpit	12€	14€
Arm	15€	17€
Shoulders + nape	13€	15€
Back	23€	25€
Torso + Belly	23€	25€
Classical bikini	14€	16€
Brazilian bikini	20€	22€
American bikini	28€	30€
Entire bikini	30€	32€
Half legs	16€	18€
Full legs	24€	26€
Thighs	16€	18€
Back Thighs	8€	10€

Do economy !



PACKAGE

Enjoy a 10% discount on the total amount of the areas needed.

PREMIUM CARD

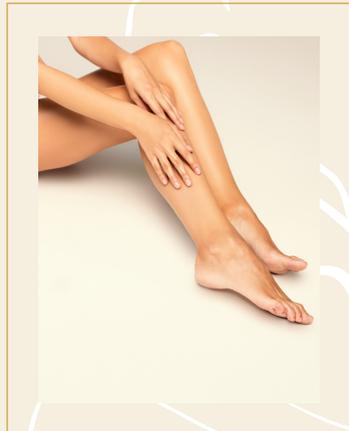
conditions
page 19

SUBSCRIPTION

Enjoy a 20% discount on the total amount of the areas needed, adaptable to the number of visits wanted (3, 6 or 10 months)

Complete payment during the first appointment and payed per month if need. Non refundable.

Monthly amount will be payed even if the guest doesn't come.



5 DAYS COURSE OF TREATMENT

630 €

Without accomodation, 2 treatments per day minimum (choose yours in world massage category).

INDIAN DAY

Spices scrub + Abhyanga massage amber, vanilla and patchouli.

BALINESE DAY

Refreshing wrap + Balinese massage lotus and frangipani flower.

POLYNESIAN DAY

Moisturizing facials + hot shell massage aloe vera and tiare flower

ORIENTAL DAY

Wrap + Scrub + Relaxing facial massage

SWEDISH DAY

Facial care + swedish massage.

INFORMATIONS

- Herbal tea room is available for a relaxing moment.
- All treatments can be made for men or woman except the men bikini.
- The time of your preparation is included in the length of your treatment.
- Shower and a/c provided for your wellness.
- Thank you to come in 5 min before your appointment. All appointments scheduled must be cancelled or rescheduled with 12-hours notice to avoid being charged for the session.
- You can offer a gift voucher to your friends for a pleasant moment only on site and available during one year.

Please yourself !

-20% OFF on your treatment or product at the 11th visit.

Welcome program for new customers.

Refer your friends and receive a gift on presentation of the card.

Don't hesitate to offer to your friends and family a wellness break with the help of gift vouchers, which can be purchased on the spot or online on our website. Valid for 6 months

PREMIUM CARD*

6 months 150€
12 months 250€

For the purchase of a card, receive : -20% on waxing -20% on massages -20% on facials -20% on boutique products -A gift for your birthday -Invitation to VIP evenings.

*Personal card valid for 6 months or 1 year from the date of purchase. Non-exchangeable and non-refundable card. Offer cannot be combined with any other package, subscription, loyalty programme or current promotions.



Opening

From Monday to Saturday by appointment in Contis all year round.

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Book online !

maeva-spa.fr

Please call or text me as I'm closing the door in order to respect my client's privacy.

Do not throw on the public highway